

Kildare Fire Service

Fire Safety Information



FOUR-PART-FIRE-PLAN

It has been proven that smoke alarms are a lifesaver when a fire occurs in the home. Smoke Alarms give you that vital extra time to escape. However, this time is only of use to you and your family if you know what to do with it.

If your smoke alarm activates, ***Be Ready For It!***

We all know that the Fire Brigade plays a Major role when dealing with fire, but you too need to play a role...because the role you play could save your life!

When you think of fire, always think the worst-case scenario, always think ahead, and always are ready. The best way to survive a fire is to be prepared for it.

Together with the whole family, prepare a **Four-Part-Fire-Plan**.

Four-Part-Fire-Plan:

- 1. Escape through Downstairs Door**
- 2. Escape through Double Glazing Door/Window**
- 3. Escape through Upstairs Window**
- 4. Trapped Upstairs? Can't escape from Window.**

If a fire starts in the living room of your home it takes just 3 minutes to reach Flashover Point. Your Fire Plan could save you within those 3 minutes. Follow the plan step-by-step; practice it to perfection using all Four Scenarios.

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1. PLAN ONE:

Escape through Downstairs Door-

If you are awoken by the sound of the smoke alarm **STOP - THINK** - then Act Quickly and Calmly.

- Wake all the people in the house
- Make your way downstairs and to the nearest safest Exit.
- NEVER Investigate the Fire.
- Once Out, Stay Out, Call the Fire Brigade Out.
- NEVER Re-enter the house for Belongings or Pets.

2. PLAN TWO:

Escape through Double Glazing Door or Window-

If your home has double-glazing, keep in mind a second 'Downstairs Escape Route'. If you have made it down the stairs and find that you either can't open the door or an exit is blocked, use the Double-glazing door or window for escape. You might think it is quite difficult to break double glazed glass. You are right! It is difficult, but it's not impossible.

- Crawl on the floor until you make your way to the double glazed doors.
- Grab a chair or sharp object and smash a bottom corner of the door/window.
- Make safe any jagged edges by using a towel or clothes and place them on the sharp edges.
- Just one adult escape first before helping younger members of the family through the door. Now the 2nd adult can escape through the door.
- Once Out, Stay Out, Call the Fire Brigade Out.
- NEVER Re-enter the house for Belongings or Pets.

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3. PLAN THREE:

Escape through an Upstairs Window-

If you have managed to gather your family together but can't make your way down the stairs because of fire or smoke, Don't Panic. Use a window in a safe bedroom to escape.

- Crawl on the floor & make your way to the nearest but room.
- Block up any cracks in door using sheets, clothes or towels.
- NEVER Jump from a window, lower yourself to arms length and then drop.
- NEVER leave small children till last. Have children passed down by another adult.
- **Once Out, Stay Out, Call the Fire Brigade Out.**

4. PLAN FOUR:

Trapped Upstairs? Can't escape from a window-

While becoming trapped upstairs it may be sometimes impossible to escape through a window due to a long drop or an obstacle. Be Calm. Don't Panic. You still have another plan! You need to be both calm and patient when you implement Plan 4.

- Crawl on the floor & make your way to the nearest room.
- Try and find a room that looks out towards other houses or where there are people.
- Block up any cracks in door using sheets, clothes or towels.
- Open a window and Shout for Help.
- To attract attention you may have to smash the glass.
- NEVER risk jumping.
- The Fire Brigade will rescue you from the window.

Decide on one meeting point once the house.

Close all doors behind you as you leave.



**Kildare County Council,
Central Fire Station,
Newbridge,
Co. Kildare.**

**Tel: 045 431370 - Fax: 045 432530 -
E-mail: fireadmin@kildarecoco.ie**