

# Be Safe - Be Seen



As the evenings get darker earlier, and the mornings are darker for longer, vulnerable road users such as Pedestrians and Cyclists become even more vulnerable.

## **MOTORISTS - *Be Alert - Light Up!***

Watch out for pedestrians and cyclists.  
Turn on your dipped headlights during daylight hours.

## **PEDESTRIANS - *Look Out - Stand Out!***

Wear high visibility vests or armbands and carry a torch when walking

## **CYCLISTS - *Be Alert - Be Seen!***

Wear high visibility material and ensure your front and rear lights are working.



[www.kildareroadsafety.ie](http://www.kildareroadsafety.ie)



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