

# Road Safety Guide to **Oxygen**

If you are heading to Oxygen, please avail of public transport or the Park and Ride facilities where possible.

If you must drive to Oxygen, please follow these simple rules:

**Prepare** for your journey and ensure your vehicle is roadworthy

**Never** overload your vehicle with passengers or moveable items

**Never** drive while under the influence of alcohol or illegal drugs and always refuse to take a lift from someone who is unfit to drive.

**Never** use a mobile phone while driving. This includes making or taking a call, sending or reading a text or scanning through social media.

**Always** wear a seatbelt while travelling in a vehicle.

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