



Accreditation Celebration Dinner

On Friday 30th September the staff and members celebrated our new accreditation with a scrumptious meal in Silken Thomas Kildare.

40 members and staff enjoyed a fantastic evening; the meal consisted of four courses.

The staff in Silken Thomas were excellent and could not do enough for us and all who attended.

Really appreciated the celebration and we say thank you to all the staff and members who helped us get another Accreditation.

John F



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October Events

10th World Mental Health day

12th Cinema Social

28th Employment dinner

October 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3 Policy Meeting Walking group	4 House meeting Efficacy Group	5 Art Class Standard & Employment meeting advocacy group	6 Walking Group Publication group	7 Community support Crafts group	8	9
10 Policy Meeting Walking group	11 House meeting Efficacy Group	12 Art Class Standard & Employment meeting advocacy group	13 Walking Group Publication group	14 Community support Crafts group	15	16
17 Policy Meeting Walking group	18 House meeting Efficacy Group	19 Art Class Standard & Employment meeting Advocacy group	20 Walking Group Publications Group	21 Community support Crafts Group	22	23
24 Policy Meeting Walking group	25 House meeting Efficacy Group	26 Art Class Standard & Employment meeting Advocacy group	27 Walking Group Publications Group	28 Community Support Crafts Group	29	30
31 Closed Bank Holiday Monday						

A Ghostly Story

Cobwebs clouded the door as I knocked upon the rapper. The sound of heavy footsteps coming to open the door nearly made me turn and run but I dare not, today was the day I would know for sure. It had taken me almost two years to track her down; nothing was going to stop me now.

I startled as the door opened in front of me.

An eerie sound came from within as I stepped forward and introduced myself. I took in her appearance and was not overly impressed. They were drab and dreary, and her hair falling from her shoulders was very dishevelled. An overcoat was around her. She wore some sort of pinafore which seemed to come from another era. Even though she had dark circles under her eyes they looked bright. She looked as though she was waiting for someone. Perhaps I reminded her of that someone from the past.

I stood inside the dark hallway and shuddered at my surroundings. How can anyone live like this? It was as if the house stood still, everywhere was covered in dust. There was an old grandfather's clock ticking in the corner which broke the silence. It was so awful I found it hard to speak.

What brought you here my dear she says to me? Have you brought the food you promised me? Don't stand there in the chilly cold air. Step inside so I can close the door. A shudder went through my spine as I heard what sounded like a piercing scream coming from one of the rooms. What was that I asked with apprehension?

It was only the wind howling. This is an old house as you can see. Do not disturb yourself about it, let nothing frighten you. All things are not as they seem. For all things pass away. What is your business here; pray tell me, for I am an old woman and lack for nothing. Everything suffices me here. I do not wish to frighten you dear but at the stroke of midnight things happen. There are ghosts all around this house. Doors keep opening and closing everywhere. Seemingly years ago there was an argument as to who owns this house. Drink was taken, which led to someone being stabbed and later died. The other person was never the same again. They say it is he who haunts this house. He is never at rest.

I felt I was looking at a ghost as she told her story. I could almost see through her appearance she looked so transparent. I turned to leave for I had got my answers. I looked once more at her, and thought she looked lonely and despairingly at me. I knew now she was the ghost!

Perhaps some day she too will find rest.

Frances H

Clubhouse Quiz

My name is Phillip. I am a member of Platinum Clubhouse. Below is a quiz on Clubhouses in Ireland.

- 1) Where in Dublin would you find the Phoenix Clubhouse?
- 2) In what county is Platinum Clubhouse?
- 3) You are only a member of a Clubhouse for 4 years
True or False
- 4) Where did the first Clubhouse get its accreditation from?
- 5) Is Katie Taylor a member of any Clubhouse?
- 6) Who is the manager of Eve?
- 7) Is there a Clubhouse in Carlow?



Suicide Squad

The movie review is about Suicide Squad that I went to see in the cinema in Dublin last weekend with my sister. It was a brilliant day out.

Plot: At the very start of the film it showed all the bad superhero villains locked up in their jail cells in different aspects of where they started out. The guard brought Dead Shot some food but he threw it back in his face. So the guard walked off and Dead Shot smiled. As the movie progressed on, it showed how each of them got locked up in jail by the mysterious and the one and only Batman. Dead Shot was walking out of the Christmas shop at night-time with his daughter and were talking about stuff and they were walking down by the alley way until this man in a mask came and tried to attack them and Dead Shot took out his gun and killed him. Then the Batman turned up and fought with Dead Shot until his daughter told him to stop and he put the gun down and Batman put him into the cop car. Harley Quinn was a nurse working in a hospital and looking after this patient named Pudding until the two of them fell in love and one night they robbed a bank and were driving until Batman came along and chased them until they landed in the river. So Batman jumped into the river and carried Quinn over his shoulder, she boxed him but he knocked her unconscious and she landed in jail. Killer Croc was swimming around in his sewer finding stuff to eat and a load of police went underground to find him. He grabbed one of them and killed him so he went up ground and the Batman knocked him out and he landed in jail. Digger was out in the bar one night having a drink until he decided to take out his knife and attack the shop owner until the Batman showed up and he tried to kill him but Batman tripped him up and he was brought away by the cops and the last person was Diablo who was at home with his wife and kids having dinner and the kids were gone to bed, he had a row with the wife and burned the house down with his hands and killed them and Batman knocked him out and he went to jail. Then as the movie went it showed Batman being shot by a person who disliked how Batman caught people. Then a woman named Amanda Walker had a briefing with the government and needed the criminals to help her out with defeating the evil enchantress who would cause mayhem in the world with her magic powers. The evil enchantress appeared out of nowhere and made the government listen to what Amanda was saying. Then the government decided to let the criminals help Amanda out with the task. The next day the criminals were out of their cells and injected them with a bomb implanted designed to all of them to rebel if they did and to escape if necessary. And they were told they had to get trained and ready to fight against the evil enchantress and protect the people from harm.

So then the evil enchantress is causing mayhem with a load of monsters, creating weapons and summons her ghost brother to help her out in hurting the humans. Walker deploys the criminals to track a hight from the other side of the buildings. They are under briefed and are realising that it will be a terrorist attack and they need to be ready to attack the enemy. While on their journey a woman named Katana comes along with her sword and tries to attack them but she tags along with them on their quest against evil. As they come to an alley they are attacked by these monsters but the criminal gets their weapons out and starts killing them until all of a sudden more come along and dragged one of them but Dead Shot got his pistol and shot all of the other monsters with his gun while Diablo just stood there wanting not to help. So they carried on walking until they came to a bar and decided to go in and just sit there until Walker contacted them. So they all had a drink and talked among themselves and one of them went outside to chill out. They managed to get to another building, as soon as they walk in they hear a noise and go to check it out but a bunch of monsters come jumping at them attacking them out of nowhere. Diablo burns the whole building down. They succeed to get up to the roof top and then a helicopter comes near and opens fire, Quinn is so happy as her love Pudding Pie throws down a rope for Quinn and she climbs up on to the helicopter and gives her Pudding a hug. Dead Shot was told to shoot her by Walker but Walker ended up getting shot.

As the two of them were talking about their future together the helicopter was bombed and Quinn fell out of the helicopter crying for her lover as she thought her Pudding was dead. So the rest of the crew saw her outside a building and they told her to come along with them. Killer Croc goes down to the sewer with a few guards and plants the bomb so the evil witch will die. The team heads down to the subway to where the enchantress is using her magic up and through the sky. So they stand at the edge and the enchantress calls them out but Diablo comes out and battles against her brother. The two of them fight against each other until the bomb goes off and the two of them die. Then the evil enchantress tries to kill the rest of them but they throw the tracker into the weapon she has created and shot it with a gun until her and her evil magic was gone. Then all of a sudden Doctor June woke up and hugged her lover. Then Walker came to talk to them and said they would be going back to jail and they succeeded in doing the task.

At the end of it Dead Shot got to see his daughter for 10-15 mins until he had to go back to his jail cell to do time. It showed them all back in their jail cells. At the very end it showed Quinn dancing around in her cell until a guard came to open the cell and he took off his mask and it was her lover Pudding Pie and gave her a hug and it looked like they lived happily ever after.

Michelle F



My Job at Quinn's Hardware

Already into my fourteenth month at Quinn's Hardware since February 2015 it is now Autumn. The nights are getting longer and winter is fast approaching. The sale at Quinn's is turning more to harvesting for the autumn months and I was dealing with docketts on cattle feed and sheep feed. I do not see as many farmers in the store as I used to see during the summer, which is a sign of the winter approaching. Most of the customers that come in tend to buy household essentials or paint for their houses. Some people buy plants for the autumn months and others buy screws, nails and washers as well as plugs and electrical items. I still do the same jobs as I was doing when I started first like sorting out docketts and straightening out paint tins on the shelves. A woman named Emily gives me the docketts to sort out in the morning when I arrive and I sit down at the desk and put them in line according to their numbers. I work on Mondays from 9.00am to 1.00pm and head down the town for my dinner.

Tommy K



Have you checked out our blog lately?
Stay up to date with all clubhouse
activities

<https://platinumclubhouse.wordpress.com>

Halloween

Halloween is here again this year
so beware of this scary night
as soon as the darkness draws near
many spirits will drool with the fright.

Strange faces call to each door
looking for apples and nuts at their
fill
these little monsters we so much
adore
shall inhabit the night a shivery chill.

They will sing songs with great fun
and celebrate the night until late,
the night will not be over and done
until the bonfire is burning great.

Kids will dance and play around and
round
while the stars at night shine in glory,
fire works blaze from the sodden ground
while the spell of the night tells its story.

Witches and monsters have all again
arose
with this festive night full of cheer,
a child's imagination certainly grows
on this special night they hold so dear

Paddy M



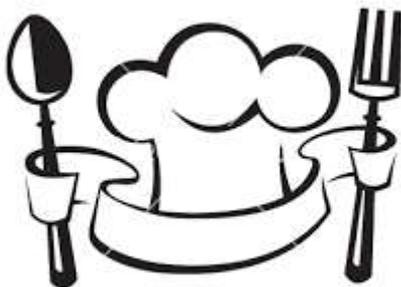
October Birthdays

Frances H, Rose N,
Ursula C, James M, Philip F, James K,
Noel M, Sheena H, Desmond D,
Mary O' L, Tony K, John F & Al O' N.

A Day in the Kitchen

Each day in the kitchen brings up new experiences and delicious menu's to prepare for our members. Kate, our Chef is very easy to work with, and shows us how to prepare lovely meals. The first job in the morning is to peel the potatoes. This done we prepare the carrots, cabbage or other vegetables that may be needed for the day. At 11am we have our tea break. After tea, we mash the potatoes, and put the finishing touches to the vegetables and soup of the day. At 1pm, a delicious lunch is served up to the members, whose mouth's drool at the sight of all the lovely food in front of them. I am happy to say all our meals are eaten, and clean plates and full bellies are the order of the day. After dinner, the clean up is carried out by all the members. It is a pleasure and an honour to work beside and with Kate, Paul, Michelle, John F, Theresa [our tea lady], Mark, [Who says he is in charge, and we pay him beans], and all the others who help in the catering Unit. It is not all work and no play; we have a laugh and share a joke each day. When I lost my job, I was at a loss; the catering unit work gives me a focus in life every day. Now as we approach the Christmas period, and Halloween period the catering unit in the clubhouse will be very busy

Philip F



The Ring of Kerry

I made my way up to Dublin airport to meet my sisters and pick up a hired car so we could share the driving. We drove out onto the M 50 and then the M 7 all the way through Ireland to Limerick. That was some drive and on to the Ring of Kerry, our destination was Caherseeven, nestling between the mountains and the sea. We were booked in the hotel. We started with the sight seeing walk. The Ballycarbery castle and the marina the gateway to the sea, a stroll around the Daniel O Connell memorial church and the old constabulary barracks, we then had a lovely evening meal. The following morning a low cloud had set in with a fine drizzle. We decided to drive the Skellig coastline. We started with the ferry into Knightstown. The first transatlantic cable left this port in 1858. We moved on to the Valentia lighthouse out on the point, after sightseeing the island we came over the bridge to the picturesque fishing village of Portmagee, and on through the glen called in on the chocolate factory for a hot chocolate and a break. Then on to Waterville, photos with the Charlie Chaplin Statue, who was a regular visitor. The roads were lined with fuchsia hedgerows and many other tropical plants. It was a pleasure to view the sea and the mountains all the way around to Killarney and the Rose of Tralee. The tents and fairground rides were ready but the heavens opened up so we headed back to the famous Muckross House and took a jaunted ride the lakes and waterfall. There were herds of red deer and Kerry black cattle, the driver shared his knowledge of the history of the house, we finished up at the nearest pub The Jaunty for singing, dancing and a beautiful meal. We rose early the following morning to a full Irish breakfast and a drive back to Dublin airport. A lovely time was had by all.

Paul C



Number Search

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This Month's Interview is With

Michael P

How did you hear about Platinum Clubhouse? I had heard from a friend

Why did you join Platinum Clubhouse? To meet new people

How has Platinum Clubhouse helped you? I feel involved within the clubhouse

Any other comments:

About Platinum Clubhouse

Clubhouse is a member run and centred service, where every individual has something valuable to contribute to the clubhouse and to society at large, irrespective of their diagnosis or level of function.

We offer members a supportive environment in which they can work alongside staff in planning and operating.

Members participate in mutually planned vocational, educational and social activities.

The Clubhouse guarantees four main rights:

- **Right to a place to come**
- **Right to meaningful work**
- **Right to meaningful relationships**
- **Right to a place to return**



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